

CareSource Life Services can help pave the way from where you are to where you want to be.

If you are at least 14 years old or are a parent or guardian of a CareSource member, you can be part of CareSource Life Services.

With CareSource Life Services, you can get:

- ✓ Your own Life Coach
- ✓ Training and job support
- ✓ Connection to community services and resources



English: Get free help in your language with interpreters and other written materials. Get free aids and support if you have a disability. Call **1-800-488-0134** (TTY: 711).

Spanish: Obtenga ayuda gratuita en su idioma a través de intérpretes y otros materiales en formato escrito. Obtenga ayudas y apoyo gratuitos si tiene una discapacidad. Llame al **1-800-488-0134** (TTY: 711).

Haitian Creole: Jwenn èd gratis nan lang ou ak entèprèt ak lòt materyèl ki ekri. Jwenn èd ak sipò gratis si ou gen yon andikap. Rele **1-800-488-0134** (TTY: 711).

Ukrainian: Отримайте безкоштовну допомогу своєю мовою з перекладачами та іншими письмовими матеріалами. Отримайте безкоштовні засоби допомоги та підтримку, якщо Ви є особою з інвалідністю. Телефонуйте за номером **1-800-488-0134** (Для осіб з вадами слуху TTY: 711).

Nepali: तपाईंको भाषामा दोभाषे तथा अन्य लिखित सामग्रीहरू निःशुल्क प्राप्त गर्नुहोस्। तपाईंसँग असक्षमता छ भने निःशुल्क सहायताहरू तथा समर्थन प्राप्त गर्नुहोस्। **1-800-488-0134** (TTY: 711) मा फोन गर्नुहोस्।

Arabic: احصل على مساعدة مجانية بلغتك من خلال المترجمين الفوريين والمواد المكتوبة الأخرى. احصل على مساعدات مجانية ودعم مجاني إذا كنت تعاني من اتصال على الرقم **1-800-488-0134** (TTY) إعاقة الهاتف النصي للصم وضعاف السمع: 711).

Somali: Ka hel caawimo bilaash ah luqadaada leh turjubaano iyo agab kale oo qoran. Hel gargaar iyo taageero bilaash ah haddii aad naafo tahay Wac **1-800-488-0134** (TTY: 711).

CareSource Life Services®



1-844-543-7378 (TTY: 711)
LifeServices@CareSource.com



Contact us today

1-844-543-7378 (TTY: 711)

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CareSource®

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CareSource®



CareSource Life Services[®]



Support

Get linked to services right in your community. We can connect you to services and support for:

- Education and professional development
- Access to healthy food
- Housing resources
- Childcare resources
- Budgeting and finances
- Legal help



Life Coaches

Get your own Life Coach for up to 24 months. They work alongside you to build a path to help you meet your goals. They can even help you navigate or remove barriers that stand in the way.



CareSource JobConnect[™]

CareSource JobConnect is our education and workforce program. No matter what your goals are, we can set you up for success.

- Develop new skills
- Continue your education
- Finish your degree
- Train for a new career
- Get help finding a job